



June 12-13, 2021

2021 Virtual Symposium: Let's Connect

Date	Session 1	Session 2	Session 3	Session 4	Session 5
Saturday, June 12	Dr. Dean Mooney: Keynote – Re-Entry Anxiety	<i>Getting to Know You: Children</i> (Up to Age 12)	<i>Getting to Know You: Teens/Young Adults</i> (Age 13-20)	Annual General Meeting	<i>Getting to Know You: Parents</i>
Sunday, June 13	Dr. Jessica Kichler: Transitioning from Youth to Adult Health Care	<i>Getting to Know You: Adult Butterflies</i> (Age 20+)	<i>Getting to Know You: Golden Butterflies</i> (Age 50+)	<i>Getting to Know You: Dads/Partners</i>	Amy Polmans: You and Healthy Living

General Sessions - all are welcome!

City	Session 1	Session 2	Session 3	Session 4	Session 5
St. John's (NL)	1:30pm	2:30pm	3:30pm	4:30pm	5:30pm
Halifax (NS)/Fredericton (NB)/Charlottetown (PE)	1:00pm	2:00pm	3:00pm	4:00pm	5:00pm
Toronto (ON)/Quebec (QC)	12:00pm	1:00pm	2:00pm	3:00pm	4:00pm
Winnipeg (MB)	11:00am	12:00pm	1:00pm	2:00pm	3:00pm
Regina (SK)/Edmonton (AB)	10:00am	11:00am	12:00pm	1:00pm	2:00pm
Vancouver (BC)	9:00am	10:00am	11:00am	12:00pm	1:00pm

*Each session is one hour

Saturday, June 12: 40th Anniversary Celebration

On Saturday, following the end of Session 5, everyone is welcome to come together to celebrate the 40th Anniversary of the TSSC!

Presenters



Keynote Address: “Re-Entry Anxiety” and Turner Syndrome

Dr. Dean Mooney is a Licensed Clinical Psychologist – Doctorate and a Licensed School Psychologist in the state of Vermont. Maple Leaf Clinic, founded by Dr. Dean Mooney, provides neuropsychological, educational, psychological, and social thinking assessments of children, adolescents and adults. Services include social skills development for all ages, rehabilitation for brain damage using the REHABIT Program, educational or clinical consultation, and professional development.

He is co-author of *Nonverbal Learning Disabilities: A Guide to School Success*, *Nonverbal Learning Disabilities: A Guide to School Success – The Teacher’s Manual*, *A Train Ride to Grandma’s (With NO Chocolate Donut!)*, and *A Snapshot of Me – A Student with NLD*.

Dr. Mooney has lectured on the topic of Nonverbal Learning Disabilities for local and national organizations throughout the United States, Canada, Mexico, and England.



Transitioning from Youth to Adult Care

Dr. Jessica Kichler, CDCES, Ph.D., C.Psych, is a Clinical Psychologist and Associate Professor in the Department of Psychology at the University of Windsor. She specializes in pediatric health research exploring psychosocial adjustment and coping with chronic medical conditions, including both Turner Syndrome and type 1 diabetes, in youth and families. She is also involved in clinical intervention research that helps improve endocrine education practices and appreciates working collaboratively in interdisciplinary settings. In addition, she is interested in how to support young adults successfully transition into adulthood.

She completed her MA and PhD at Kent State University in Ohio, her Predoctoral Internship at Rush University Medical Center in Chicago, and her Postdoctoral Fellowship at the University of Michigan Health System in Ann Arbor, Michigan. She previously worked as a pediatric psychologist in Diabetes and Endocrinology at two academic medical centers in the United States for almost 15 years before moving to the University of Windsor in 2020.



You and Healthy Living with Amy Polmans

I was diagnosed with Turners when I was 12. Throughout my life I have struggled with my weight. I have tried every diet and pill imaginable. Nothing ever seemed to stick. Then about four years ago I found something that changed my life. I learned the tools to make a healthy lifestyle change that truly allowed me to take control of my life. It truly helped me learn to love myself again. I can say that I have found a love and passion for health and fitness. In this discussion I will share with you how I have incorporated health and fitness into my daily life. I'll share how I went from the crying girl looking in the mirror to the healthiest version of myself I have ever been. Most importantly I will share how I learned how to have Fun With Fitness.

Session Moderators

Session Moderators will facilitate Q&As; questions for general sessions will be submitted electronically. Names and emails will also be collected, voluntarily, in order to be shared with other participants. ***Parents, please ensure you provide contact information for your daughters!***

Dr. Dean Mooney: Re-Entry Anxiety	Katrina Templeton Machek
Getting to Know You: Children	Sarah Burrows
Getting to Know You: Teens/Young Adults	Dr. Jessica Kichler
Annual General Meeting	Sarah Ostrom (President) and Stephanie Cragg (Past President)
Getting to Know You: Parents	Kim Cheevers

Dr. Jessica Kichler: Transitioning from Youth to Adult Health Care	Stephanie Cragg
Getting to Know You: Adult Butterflies	Kristin Crawford
Getting to Know You: Golden Butterflies	Sjann Johnson
Getting to Know You: Dads/Partners	Mike Kennedy
Amy Polmans: You and Healthy Living	Sarah Ostrom

Important

Please note, the Annual General Meeting and the general sessions will be recorded for internal purposes only.