



# TORONTO CHAPTER NEWS

## OCTOBER 2017

*“When you realize how much you're worth, You'll stop giving people discounts.” ~ Karen Salmansohn*

**FALL IS HERE!** With fall comes change and there are indeed some changes on the horizon for the Toronto Chapter Executive. More info to come soon – however, if you are interested in joining the Executive Committee there are some potential positions opening up – please let me know!

Just a quick report on the very successful Buds & Butterflies Walks for Turner Syndrome. Overall a huge success in every city...locally we had over a hundred participants between two walks in Woodbridge and Brantford. A note for future planning – we are trying to gauge the interest in locations for next year's walks. If you have feedback, please email me at [toronto@turnersyndrome.ca](mailto:toronto@turnersyndrome.ca)

We are also excited to announce another Alex & Ani Fundraiser on November 15<sup>th</sup> at Yorkdale– just in time for the gift giving season!

And finally, you are all cordially invited to our annual Holiday Bash on Saturday December 9<sup>th</sup> at Jamie's Italian Restaurant – at the Yorkdale Mall. See you there!

*Warmly,*

*Sarah Ostrom  
Toronto Chapter President*



*Live Love Laugh*

### Upcoming Events:

**Monthly Luncheon,  
Saturday, October 14<sup>th</sup>,  
1pm –3pm, Pickle Barrel,  
Yonge St. & Eglinton Ave.**

**TS Meet Up/Luncheon  
Saturday, November 4<sup>th</sup>  
1pm –3pm, East Side  
Mario's, 370 Stone Rd. W.  
Guelph, ON**

**Alex & Ani Fundraiser  
November 15<sup>th</sup>, 2017  
Yorkdale Mall**

**Monthly Luncheon,  
Saturday, November 11<sup>th</sup>,  
1pm –3pm, Pickle Barrel,  
Yonge St. & Eglinton Ave.**

**Annual Holiday Bash  
Saturday December 9<sup>th</sup>  
Jamie's Italian  
Restaurant  
Yorkdale Mall**

### **TURNER SYNDROME SOCIETY OF CANADA**

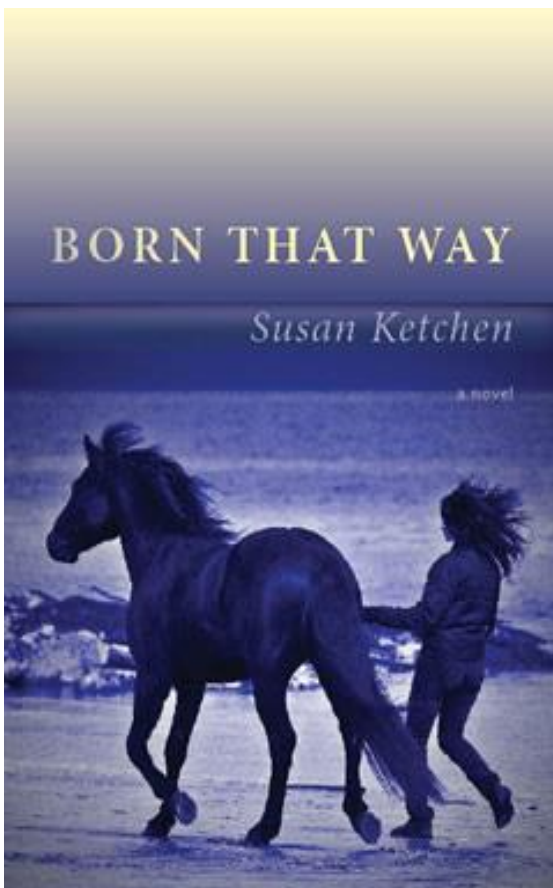
National Office  
#7 – 2100 Thurston Drive  
Ottawa, ON K1G 4K8

Phone (613) 321-2267  
Toll-free 1-800-465-6744

[www.turnersyndrome.ca](http://www.turnersyndrome.ca)

# OCTOBER RECOMMENDED READ:

***BORN THAT WAY***  
*By: Susan Ketchen*



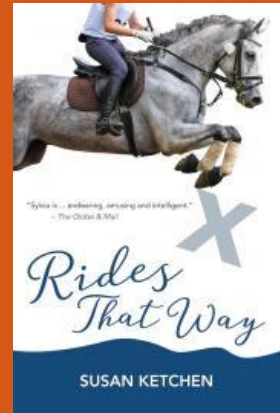
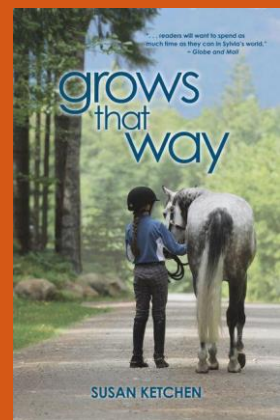
Plus, the kids at school call her Pygmy Chimp. Her dad treats her like a baby. Her mom is an overly-involved, recently graduated psychoanalyst who sees sex and pathology everywhere she looks.

At first Sylvia is comforted by night-time dreams of a mysterious horsewoman. But when Sylvia accidentally breaks the rules of lucid dreaming, uninvited guests begin to appear.

Taking charge of your dreams while you're sleeping is called lucid dreaming. Doing it while you're awake is called growing up. Sylvia is having trouble with both.

For one thing, she's not growing. She's fourteen but stuck with the body of an eight-year-old. This might not be such a problem if Grandpa hadn't promised to buy her the horse she's always wanted, but only when she grows as tall as his

*Also in the series  
by Susan Ketchen...*



*Live Love Laugh*



***Coins for Camp Story***  
***Brooke Cheevers, Toronto Chapter***

During the last week of July Brooke attended the YMCA Kidtastic day camp at one of our local schools in Brantford.

The weekly theme was 'Damsels and Dragons' and was the basis of some of the stories, games and songs she learned. Every day at camp was a new adventure and full of new activities – some which were brand new experiences for Brooke. Each day began with interactive stories, role playing, and hand clapping games and silly songs in the gym while the kids stretched out their bodies in preparation for the day's activities. The mornings were full of active games such as soccer baseball, capture the flag, jump rope and water balloon fights. After lunch they boarded a school bus that would take them to one of our local conservation areas where they would spend the afternoon swimming in the pool and going on nature hikes where the kids learned about some of the habitats around the river.

Brooke had so much fun at camp this year. We noticed how engaged she was in the activities every day and she just couldn't wait to sing us a new song, tell us a story or share something funny that one of the camp counsellors did. She made a few new friends; one of the girls actually lives at the other end of our street that we didn't even know it until Brooke met her at camp, and now they play together a few times a week.

Brooke said camp was the best week of her life. She really enjoyed every minute of it and can't wait to go back again next year.

Thank you TSSC for choosing Brooke as a camp tuition recipient this year. Thank you so much to everyone that contributed and raised money in the Coins for Camp Campaign. It truly is amazing what the donation of a Twoonie can do for an organization and the difference it can make in the lives of our beautiful butterflies.



***On behalf of***  
***Brooke and the***  
***Cheevers Family***  
***Thank You!***



*Live Love Laugh*

# Buds And Butterflies



Walk for Turner Syndrome

**Over 100 participants**  
**2 Cities Locally (Toronto Chapter)**  
**5 Cities Nationally**  
**Approximately \$20,000 Raised!**

**THANK YOU!!**

## Buds And Butterflies



3rd Annual Walk For Turners Syndrome  
2017

