

Turner Syndrome Society of Canada
29th Annual Conference
Ottawa, Ontario
May 14 – 16, 2010

*Cartier Place Suite Hotel, 180 Cooper St., Ottawa K2P 2L5 www.suitedreams.com
 hotel reservations 1-800-236-8399 (please specify TSS conference)
 Program – Draft 6 February 1, 2010*

Friday May 14			
5:00 – 7:00 p.m.: Registration evening: “ Night in the Capital ” Suggested activities in Ottawa for groups of conference participants; join up with others at registration Lady Dive amphibious bus tours - \$25 adult / \$15 children under 13 Tulip Festival events – International Pavillion, Célébridée speakers Haunted Walk – \$13 adult / \$9 children – if we have over 20 participants, we can have an exclusive tour Parliament Hill tour Shopping at the Rideau Centre and Byward Market area Walk along Canal by Dow’s Lake to view tulips Dinner – we can provide a list of nearby restaurants at a range of price levels			
Saturday May 15			
8:30 – 9:00 a.m. Registration and Continental Breakfast			
9:00 – 9:15 Welcome – Tracy Petry, Ottawa Chapter, Susan Charney, Sara Rowden, Co-Presidents Welcome message on behalf of the City of Ottawa			
9:15 – 10:30	Heart issues and TS: Monitoring and Prevention Dr. Luc Beauchesne, University of Ottawa Heart Institute, to be confirmed		Preteen / Teen Outing Museum of Civilization, Tulip Festival performances
10:30 – 10:45 Break			
10:45 – 12:15	Workshop for adult women Career development and workplace issues Moderator Denise Feltham, D.I.C.E. Assessment, Toronto	Workshop for parents: Growth hormone experiences Moderator Dr. Jill Hamilton, pediatric endocrinologist, Hospital for Sick Children, Toronto	
12:15 – 1:45 Lunch and AGM			
1:45 – 3:00	Liver issues in TS and relation to Metabolic Syndrome Dr. Jill Hamilton, pediatric endocrinologist, Hospital for Sick Children, Toronto		
3:00 – 3:15 Break			
3:15 – 4:00	Autoimmune Conditions and TS Dr. Stasia Hadjyinnakis, Department of Endocrinology, Children’s Hospital of Eastern Ontario	Workshop for teens: Career choices and your unique potential Moderator Denise Feltham	Workshop for preteens – Arts and Crafts Leader Els Salisbury
4:00 – 4:30	Food options and Nutrition Anna Aylett, Julie Laroque, Dietitians, Children’s Hospital of Eastern Ontario		
4:30 – 6:00 Break / technical rehearsal for talent show			
6:00 – 6:30 Cash Bar			
6:30 – 7:30 Banquet			
7:00 – 9:00 Entertainment – Silent Auction winning bids, Announcement of Essay Contest winner, and reading of winning essay, Announcement of Photo Contest winner, Talent Show			

Sunday May 168:00 – 9:00 **Hot Breakfast Buffet**

9:00 – 10:15

Inspirational Speaker
Cindy Dunnam, Executive Director, TSSUS**Teen and Preteen
Program**

10:15 – 10:30 Break

10:30 – 12:00

**Workshop for adult
women Coordination of
your health care:**
moderators Dr. Natalie
Flemming, University of
Ottawa, Shirley E.
Greenberg Women's Health
Centre, Ottawa, Kimberley
McInnis, woman with TS,
Slave Lake, Alberta**Workshop for parents
Navigating the education
system**
Mary Lou Ellis - to be confirmed**Company of
Fools**Drama
improvisation
workshop

12:00 – 12:15

Closing Remarks – Shirley Underwood , incoming President