

# Turner Syndrome

S O C I E T Y OF CANADA

## 31st Annual Conference

May 25-27, 2012

Toronto, Ontario



**Hotel Novotel Toronto Centre**

**45 The Esplanade**

**Toronto, ON M5E 1W2**

### ***About Toronto***

Welcome to Toronto, Ontario's capital city! Toronto is a major financial centre, and home to an abundance of vibrant nightlife, stunning architecture, great museums, galleries, theatres, and great shopping - everything from local crafts and wonderful vintage stores to luxury brands. A travel hub with vibrant multicultural communities, it is a true city of the world.

### ***Hotel Novotel Toronto Centre***

Ideally situated in downtown Toronto, Hotel Novotel Toronto Centre provides an urban destination for business and leisure travelers. Offering upscale accommodations and a premier location, the hotel features 262 rooms and 8 suites with contemporary amenities such as complimentary WiFi, a full-service onsite restaurant, an indoor swimming pool, Jacuzzi and sauna, and versatile event space. The hotel provides easy access to Air Canada Centre, Hockey Hall of Fame, Rogers Centre, and many other attractions and activities.

### ***Elgin and Winter Garden Theatre Centre, 189 Yonge St.***

Designated a national historic site in 1982, the Elgin & Winter Garden Theatre Centre is the last "double-decker" or stacked Edwardian theatre facility in the world. Built in 1913 as the flagship of the famous Loews chain of vaudeville theatres, the 1,500-seat Elgin theatre downstairs is a sumptuous affair with royal boxes and exquisite gilded plaster details. Upstairs is the magical Winter Garden, named for the trompe l'oeil paintings of vines and pastoral scenes, and the fabulous simulated fire-proof garden that hangs from the roof. Multi-million dollar renovations mean that these two theatres are state-of-the-art.

#### ***Hotel Reservations***

416-367-8900, [h0931@accor.com](mailto:h0931@accor.com), fax 416-360-8285

Note: Specify the Turner Syndrome Society conference for the conference room rate of \$149 (not including taxes) per night, available until April 25, 2012.

*No additional charge for children under 16 sharing parents' room.*

<http://www.novotel.com/gb/hotel-0931-novotel-toronto-centre/index.shtml>

### ***Getting to the Hotel***

**Arriving at Pearson International Airport:** take hotel shuttle Airport Express downtown and transfer to the Airport Express Connect shuttle to the Novotel. Return adult fare \$44.95, reserve at 1-800-387-6787 (toll free in Canada), (905) 564-3232, or <http://www.torontoairportexpress.com/index.php>

**Arriving at Toronto Island Airport:** take the ferry shuttle to the Union Station terminal and walk (about 5 minutes) or take a taxi to the hotel

**Arriving by train at Union Station:** walk or take a taxi to the hotel.

Turner Syndrome Society of Canada  
31st Annual Conference Program  
May 25-27, 2012

**Activities for children, teens, and adults!**

**Friday, May 25**

- 2:30pm** Optional MTV tour (299 Queen Street W., Toronto) for teens (13 and up), and grown-ups who are young at heart. (Free, preregistration required)
- 5:00pm-6:00pm** Optional walking tour of the history of Toronto and some great public areas in the St. Lawrence Market neighborhood. (Free, maximum 30 people)
- 5:00pm-8:00pm** Early registration  
30th Anniversary Year Reception / Cash Bar.  
Come join us to meet up with friends old and new, and honour the founding members of our Society.
- Evening** “Night on the Town”: social activities in informal groups.  
Explore all that Toronto has to offer! Check out the variety of restaurants and tourist attractions near the Novotel. Some nearby restaurants include Medieval Times (10 Dufferin St.), The Old Spaghetti Factory (54 The Esplanade), and The Keg Steakhouse & Bar (26 The Esplanade). Local attractions include the Hockey Hall of Fame (30 Yonge St.), Air Canada Centre (40 Bay Street), and the Eaton Centre (220 Yonge St.).

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**Turner Syndrome Society of Canada**

Executive Director: Mary Edwards  
30 Cleary Avenue, Room 9, Ottawa, ON K2A 4A1  
613-321-2276 / 1-800-465-6744 / Fax: 613-321-2268  
info@turnersyndrome.ca

For further information on the speakers and updates on the program, please visit [www.turnersyndrome.ca](http://www.turnersyndrome.ca).  
The conference proceedings will be in English. No simultaneous interpretation service will be available but we will try to assist any of our Francophone members who wish to attend the conference.

*Note: The Society's policy is no smoking in the meeting rooms.*

**Saturday, May 26**

- 8:00am-9:00am** Registration and Continental Breakfast  
Primary program begins (age 2-8 years) – coordinator Leslie Cheyne
- 9:00am-9:15am** Welcome – Nancy Staib, Toronto Chapter chair  
Teens/preteens (ages 9 & up) leave for Elgin/Winter  
Garden Theatre backstage tour
- 9:15am-10:15am** Bone Health and Nutrition  
Dr. Rowena Ridout, Toronto Western Hospital
- 10:15am-10:30am** Break
- 10:30am-12:00pm** ***Concurrent Sessions***
- Parents and young adult women – Discussion workshop  
Sharing Experiences of Life with TS  
Moderator: Kim McInnis  
Young Adults: Jeanette Benschop, Krista Kamstra-Cooper, Alana Boschnak
- Adult Women with TS  
Discussion workshop: Healthy Maturity and Turner  
Syndrome  
Moderators: Dr. Lisa Allen, Mount Sinai Hospital  
Dr. Catherine Kelly, Women’s College Hospital
- 12:00pm-1:00pm** Lunch
- 1:00pm-1:45pm** Annual General Meeting



<b>1:45pm</b>	Teens/preteens return to hotel
<b>1:45pm-3:00pm</b>	<p><b><i>Concurrent Sessions</i></b></p> <p>Parents – Non-Verbal Learning Disabilities 1 Dr. Dean Mooney, psychologist specializing in NVLD in TS Maple Leaf Clinic, Wallingford, VT</p> <p>Adult Women – Discussion Workshop; Relationships Dr. Vicki Jones, psychiatrist, Toronto</p> <p>Teens/Preteens (age 9 and up) – “All the Right Moves” Drama workshop Jane Burton</p>
<b>3:00pm-3:15pm</b>	Break
<b>3:15pm-4:30pm</b>	<p><b><i>Concurrent Sessions</i></b></p> <p>Parents – Non-Verbal Learning Disabilities 2 Dr. Dean Mooney</p> <p>Adult Women – Nutrition Heather Barnes, registered dietitian, Toronto</p> <p>Teens/Preteens – Drama workshop continues</p>
<b>4:30pm-6:00pm</b>	Break Primary school program ends
<b>6:00pm-6:30pm</b>	Reception/cash bar
<b>6:30pm-7:30pm</b>	Banquet
<b>7:30pm</b>	<p><b><i>Entertainment</i></b></p> <p>Volunteer awards, drama presentation, Malvern Jazz Choir, silent auction/raffle</p>

**Sunday, May 27**

<b>8:00am-9:00am</b>	Hot breakfast buffet Primary program begins
<b>9:00am-10:30am</b>	<b><i>Concurrent Sessions</i></b>  Adult women – Presenting Yourself with Style Tracy Richardson, Celebrity Television Stylist & Image Consultant, Media Commentator and Educator  Parents – Research in Turner Syndrome: What’s New in the Literature? Dr. Jill Hamilton, Hospital for Sick Children  Teens/Preteens – Big Sister workshop with young adult women panel Panelists: Krista Kamstra-Cooper, Sara Oostrom, Alana Boschnak
<b>10:30am-10:45am</b>	Break
<b>10:45am-12:00pm</b>	In Your Own Style Tracy Richardson
<b>12:00pm-12:15pm</b>	Closing Comments by TSS President Shirley Underwood Primary program ends

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**THANKS**

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